

To parents with children in third grade in Kristiansand municipality

In 2019, Aquarama Bad, working with Kristiansand municipality and other organisations, will continue the successful project "Svømmeglede" ("The Joy of Swimming").

Background:

The project stems from the Norwegian Directorate for Education and Training's revised skills targets for swimming lessons, which were introduced in the autumn of 2015. Studies show that 50% of all 10-year-olds in Norway are not safe in the water and able to swim, and it is in everyone's interest that something is done about this. Our project is intended as a supplement to the municipality's school swimming lessons. The idea is to give children the chance to maintain what they have learned and to develop their swimming skills further through continuous training in the water. Research also shows that regular activity from an early age leads to good habits and prevents life-style diseases later in life.

The project:

- Free 12-month membership in AQ Bad for all third-grade children in Kristiansand municipality.
- Swimming lessons (in addition to school swimming lessons): starting in week 4.
- "Foreldrekortet" ("Parent Card"): good discount on new discount cards prepaid for 10 or 25 visits, for use when accompanying a third-grade child. (One parent with the child)

Practical matters:

- When will this start?
The children can collect their entry bands on **Saturday 5 and Sunday 6 January 2019**. See more information on aquarama.no/svomme glede regarding "Den Store Svømmegledehelgen".
- What should we do when we want to start using our child's membership?
Speak to reception at AQ Bad on 5-6 January 2019, and state your child's name and school. You will then be given an entry band for your third-grade child. He or she will then be able to gain entry to AQ Bad every day during opening hours up to and including 31 December 2019.
- What should we do when we want to swim with the child?
- You should buy a "Foreldrekortet" ("Parent Card"). This is a special prepaid card which gives a discount to you. You can choose between 10 and 25 visits. The card is valid on any day (weekdays, weekends and holidays).
- How much does the "Parent Card" cost?
A 10-visit card costs NOK 1000 and a 25-visit card costs NOK 2,000 plus NOK 149 establishment.
- Who can accompany the child in the water park/swimming pool?
There must be one swimming adult over 16 years of age for every four children. Parent cards are not personal, but guardians accompanying a child must purchase their own entry band (NOK 149), which is linked to the card. One parent pr child
- How do we sign up for the swimming lessons?
Follow the project on the project's website, aquarama.no/svomme glede. There you will find a link for enrolment prior to each course.
- The first swimming lessons start in week 4.
- Sign in on Facebook group "Aquarama svømmeglede" here we give information and you can ask questions.

Welcome to an active year at Aquarama Bad!

With best wishes,
Unni Mesel
Managing Director